

You know manifesting works for other people, but you feel as though you're missing something to make it work for you.

The number one reason most people get stuck while manifesting is they don't know every vital step to manifest and co-create with the universe.

Here are the six steps to manifest anything you want





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## **Step 1: Get clear on what you want**

If you don't know exactly what you want, you can't actually take steps to make it happen. To manifest something, you must know what you desire.

That means you must get very clear on the specifics, detailing the features as if your [manifestation](#) is tailor made for you by the universe.

To get started with this step by creating a list of 20–25 things you want to manifest. Get specific about what you want and list the attributes in the positive (aka avoid using the word don't).

Side note: As you create your list, give yourself permission to want what you want today and be open to changing it tomorrow. Judgement of yourself doesn't help you manifest anything.

## **Step 2: Work toward your goals.**

Manifesting is the art of co-creating with the universe. Working toward your goals increases your chances of receiving what you want. Nothing comes easy.

Write down 3 actions you can do today to bring you closer to your goal. If you don't know what to do, use Google to figure out what actions you can take. It's likely someone has struggled with the same issue and has written about it. Let yourself be inspired by what others have done.

Start taking action and keep taking action until you've reached your goal.

### **Step 3: Trust the process.**

As you work toward your goal, it may question if manifesting actually works. You might get discouraged and frustrated. If you are sitting in the struggle and wondering when things are going to happen you aren't trusting the process. When you question manifestation, you're telling the universe to prove manifesting doesn't work.

The Law of Attraction obliges by sending you experiences that keep you stuck.

To manifest, you have to trust the process.

#### **Step 4: Receive and acknowledge what you get.**

The universe is always giving you help, but it's easy to miss the signs (especially when they come in unexpected ways). When you start to acknowledge and receive signs from the universe, the universe will give you more of what you want.

Make sure to include anything that happened to you during the day, weeks and months that moved you closer to your goal.

#### **Step 5: Keep Your Vibration High.**

According to the Law of Attraction, you attract what you are sending out. To attract more of what you want, you have to raise your vibration. Vibrations in theory are like little radio signals you are continuously sending out to the universe. You must tune your signal to a vibration worthy of receiving it

All you have to do is to feel joy.

By spending 10–15 minutes a day (at least) doing something that makes you feel good you're ensuring your vibration stays high.

Remember, a crappy mood means you're going to be rewarded with crap. Staying positive is the easiest way to be certain good things are coming.

## **Step 6: Clear your resistance.**

If you haven't yet manifested what you want, it's likely you are resisting what the universe has to offer. Doubts, pain, procrastination, frustrations, anxiety, fears, regrets and resentments are all forms of resistance.

And they are totally normal.

When you notice conflict coming up, acknowledge it and remind yourself to breath and relax. If you are having a hard time letting go of problem, find someone to help you through it.

This how you truly manifest and if this still does not seem fit to you, here is a link to a **28** day manifestation guide with a **20% off discount** through this link >> [\*\*Click Here\*\*](#) <<

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